



Functional Resistance Equipment



Triple Cross with enhanced weight stacks and stack guards.

Triple Crossover Dynamic Pulley System

By FitnessWorks NZ

This versatile cable-pulley system was designed in conjunction with Paul Chek to promote functional resistance training. It is ideal for use in a wide range of settings, from rehabilitation clinics to personal training facilities to high performance training centers. Produced by Fitness Works in Auckland, New Zealand, the Triple Cross can replace several common pieces of gym equipment and allows the exerciser to train through functional movement patterns, unlike many other apparatus.

Dimensions Standard Triple X Model

Height: 2350mm or 7½ ft. or 2650mm or 8.5ft
Length: 3340mm or 12 ft.
Width: 1200mm or 4½ ft. (double column end)
 800mm or 3 ft. (single column end)



Triple Cross with Dual Lat Pull Down.

POPULAR CONFIGURATIONS — Prices do not include GST or delivery.

- Personal Training Studio:** _____ **\$5,990**
Standard Model (2350 mm) with 10 plate stacks (66kg)
- Rehabilitation Clinics:** _____ **\$6,600**
Standard Model with 10 plate plus 5 Rehab plates stacks (77kg)
- Advanced Personal Training Facilities:** _____ **\$6,600**
Standard Model with 15 plate stacks (96kg)
- High-Performance Training Centers:** _____ **\$7,700**
Tall (2650 mm) Model with 20 plate weight stacks (126kg)

Triple X Features



Multi Grip Chin-Up Bar



Clearly Marked Vertical Levels



Single Hand Pulley Adjustment



Optional Foot Rests



High quality weight plates with recessed vinyl plate labels. Picture has 5 extra plates.



Each unit comes with an easy grip rubber handle for each stack, a lat pull down bar and an ankle strap (Velcro fastener).

Pricing, Shipping & Handling

Prices are subject to change. For delivery in Australia please contact AOK. These prices include customs or brokerage fees.

Warranty:

The framework and plate of the Triple Crossover System come with a 10-year warranty. The cables, have a one year warranty and all running gear (bearings and pulley wheels) have a two year guarantee.



Assembly:

Instructions are included. The assembly of the Triple Crossover requires at least three people.